

Sitike Counseling Center 2015-2016 Annual Report

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*“Faith is taking
the first step even
when you don't
see the whole
staircase.”*

--- Martin Luther King, Jr.

Demographic Summary of All Clients

Clients assessed..... 493

Sex	Ethnicity	Residence
Male 74%	African American..... 3%	Brisbane..... 2%
Female..... 26%	Asian & Pacific Islander 25%	Burlingame..... 3%
	Euro American 21%	Colma 1%
	Hispanic 44%	Daly City 26%
	Other..... 7%	Millbrae 2%
Age	Drugs of Choice	Pacifica..... 3%
18 - 25 26%	Alcohol..... 76%	San Bruno..... 15%
26 - 36 37%	Marijuana 7%	San Francisco 10%
37 - 47 21%	Methamphetamine..... 12%	San Mateo..... 3%
48 - 58 12%	Cocaine..... 3%	South San Francisco 28%
59+ 4%	Other..... 2%	Other..... 7%

We value an environment that is:

- ❖ *respectful, empathic, compassionate, dignified and collaborative in its interactions with clients and staff.*
- ❖ *appreciative of people’s uniqueness, strength, flexibility, and willingness to learn, grow and change.*
- ❖ *honest, inclusive and that honors respectful feedback and allows for people to question themselves in order to better serve clients and assist one another in their professional growth.*
- ❖ *a learning environment in nature, understanding that people make mistakes. We value the taking of responsibility and the process of growth that comes from this.*

Outpatient Programs

The Discover Recovery Program is a three- to twelve-month outpatient program for adult men and women. Clients attend two to four times per week based on their individual need. The curriculum links recovery from substance abuse with recovery from mental and emotional challenges and providing guidance for both. The program combines informational lectures on addiction and mental and physical health-related issues, psycho education group process, workbook exercises and individual counseling to provide comprehensive treatment. Clients are assessed for additional occupational, housing, literacy and health care needs and are linked to appropriate services.

This year Sitike has added services to treat clients referred for Anger Management and Domestic Violence treatment. The programs run four to twelve months and meet the requirements for court-ordered outpatient treatment.

Clients assessed..... 106

Successful completion..... 44%

Sex	Ethnicity	Residence
Male 75%	African American..... 1%	Burlingame..... 4%
Female..... 25%	Asian & Pacific Islander 27%	Daly City 15%
	Euro American 24%	Millbrae 6%
	Hispanic 45%	Pacifica..... 6%
	Other..... 3%	San Bruno..... 12%
Age	San Francisco 6%	San Mateo..... 3%
18 - 25 24%	South San Francisco 39%	Other..... 9%
26 - 36 29%		
37 - 47 26%		
48 - 58 16%		
59 - 69 5%		

Many thanks to our supporters:

**ASF Electric
 Ron Burgess
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 Rhonda Ceccato
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 Michael Farfan
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 Barbara Irl
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 South San Francisco Scavenger Co.
 Jason Steuerwalt
 Tom Taffel
 Town of Colma
 Debbie Upland
 Marlene Veach
 Joe Wagenhofer
 Diane Wilson
 Jo Zemke**

Sitike Counseling Center's staff:

Executive Director	Joe Wagenhofer	Counselors	Jan Bordeaux
Administrator	Charles Tyson	Alexis Baker
Clinical Director.....	Kathy Glaser	Betty Fabiani
Outpatient Manager.....	Curtis Ota	Kathy Gordon-Swan
Women's Program Manager	Susan Naify	Lance Jamison
Office Manager	Cyndy Sweet	Denise Johnson
Medical Director	Christian O'Neil MD	Adela Stagnaro
Administrative Assistants	Alicia Navarro	Jimmy Yang Liang
.....	Alexa Najarro	Child Care Specialist.....	Chrissy Patterson
.....	Shelley Nunez-Guzman	Childcare Aide.....	Jessica Zuasolo
.....	Zoila Angulo		

Sitike Board of Directors

President.....	Ron Burgess	Members	Barbara Irl
Vice-President.....	Diane Wilson	Jennifer Schultze
Treasurer	Elizabeth Fricke	Anil Awasti
Secretary.....	Mary O'Reilly	Rod Walton



Si-ti-ke *n.* a group of non-blood kin who are present in a time of crisis.