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306 Spruce Avenue South San Francisco CA, 94080 (650) 589-9305 info@sitike.org www.sitike.org Tax ID: 94-3065810 Dear Friend of Sitike Counseling Center,

Over the past year, life has changed dramatically for all of us. During this time of uncertainty and confusion, Sitike's mission has never been more relevant and necessary. We remain committed to serving everyone seeking our care and support. Please help us to continue to serve our mission of providing community-based counseling and education to those seeking life-affirming change by making a donation today.

Every client that walks through our doors has a story to tell: a pregnant woman caught in the web of drug addiction; a young man arrested for driving under the influence, a woman newly in recovery seeking support to process earlier traumas, a working professional who began drinking to cope with job-related stress, a man on probation that is reflecting on his destructive and abusive behavior towards his partner, and a family matriarch struggling to manage her anger and fear amidst a worldwide pandemic. Clients of all ages, backgrounds, beliefs, and experiences come to us, bound only by their need for life-affirming change. Most clients come to Sitike because they have nowhere else to turn and, *because of your support*, they know that we will be here.

As the demand for our services continues to increase, we need your help to meet it. Sitike continues to evolve and adapt in order to better meet our community's needs. We provide a full range of addiction, mental health, and violence prevention programs that help relationships, families and children thrive.

Ultimately, your donation to Sitike supports people in the most fundamental ways. Access to our services allow those struggling with addiction to find sobriety; it improves a child's chance of staying within their family of origin; it helps individuals learning new skills and strategies to manage anger and diminish violence; and it helps inspire community connection. *By contributing to Sitike you are supporting the well-being of our entire community.*

Please give as generously as you can to Sitike. We have made life better for thousands of people who have had the courage to seek our help and support. With your generous donation, we can do even more. Thank you.

With gratitude,

Keri Kirby, MS Executive Director