

Sitike Counseling Center 2008-2009 Annual Report

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Be open to change....

Be open to guidance.....

Enter the possibility.....

Healing is inside us.....

Expect miracles.

Demographic Summary of All Clients

Clients assessed 771

Sex	Ethnicity	Residence
Male.....75%	African American 6%	Brisbane2%
Female.....25%	Asian & Pacific Islander 24%	Burlingame3%
	Euro American..... 35%	Colma1%
	Hispanic..... 35%	Daly City.....19%
		Millbrae.....3%
		Pacifica1%
		San Bruno15%
		San Francisco.....9%
		San Mateo5%
		South San Francisco36%
		Other6%
Age		
18 - 2526%		
26 - 3629%		
37 - 4723%		
48 - 5814%		
59+8%		

Drugs of Choice

Alcohol.....17%
Marijuana.....28%
Methamphetamine35%
Cocaine.....13%
Heroin7%

Discover Recovery Program

The Discover Recovery Program provides ongoing support groups that include education about the physical and psychological social effects of drug use. The goal of the program is to assist clients in staying clean and sober and to teach them healthy life management skills to support continued recovery and prevent relapse.

Clients assessed289

Successful completion.....54%

Sex	Ethnicity	Residence
Male.....69%	African American 7%	Brisbane1%
Female.....31%	Asian & Pacific Islander 22%	Burlingame2%
	Euro American..... 41%	Daly City15%
	Hispanic..... 30%	Millbrae.....3%
		Pacifica5%
		San Bruno13%
		San Francisco.....14%
		San Mateo8%
		South San Francisco33%
		Other6%
Age		
18 - 2530%		
26 - 3627%		
37 - 4725%		
48 - 5812%		
59 - 696%		

Women's Day Treatment Program

The Women's Day Treatment Program provides gender specific and responsive substance abuse counseling for adult women. The goals of the program are to promote understanding of the physical and psychological aspects of drug use, obtain their general education diploma (GED) if needed, teach them about nutrition, parenting, and how to develop healthy life management skills to support continued recovery and prevent relapse.

Clients assessed38 Successful completion..... 60%

Number of women receiving their GED 2

Sex	Ethnicity	Residence
Female.....100%	African American 17%	Colma3%
	Asian & Pacific Islander 8%	Daly City.....18%
	Euro American.....47%	Millbrae.....7%
	Hispanic.....28%	San Bruno11%
		San Mateo26%
		South San Francisco35%
Age		
18 - 2521%		
26 - 3650%		
37 - 4725%		
48 - 584%		

*The best thing about the future is that it comes only:
“One day at a time”*

First Offender Drinking Driver Program

The First Offender Drinking Driver Program provides education and counseling over the course of 3, 6 or 9 months. The goals of the program are to prevent continued driving while under the influence and to intervene in the progressive development of the disease of addiction.

Clients admitted444

Sex	Ethnicity	Residence
Male.....80%	African American 8%	Brisbane3%
Female.....20%	Asian & Pacific Islander 24%	Burlingame5%
	Euro American.....28%	Daly City.....23%
	Hispanic.....40%	Millbrae.....3%
		Pacifica1%
		San Bruno17%
		San Francisco.....5%
		San Mateo1%
		South San Francisco38%
		Other4%
Age		
18 - 2533%		
26 - 3629%		
37 - 4719%		
48 - 5815%		
59+4%		

Many thanks to our supporters:

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 Lockheed Martin Employees' Foundation

Soroptimists of North San Mateo County
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 Alex & Cherlene Wright
 William Zemke

Thanks also to Sitike Counseling Center's staff:

Executive Director.....Rhonda Ceccato	Counselors.....Lisa Fraser
Administrator.....Joe WagenhoferVickey Delli Gatti
Outpatient Manager.....Deb WoodsCurtis Ota
Women's Program Manager.....Susan NaifyCarol Gerke
Office Manager.....Maria MenchacaPriscilla Gilmore
Child Care Specialist.....Teresa BoveeJaime Hernandez
Child Care Aid.....Chrissy PattersonLynne Oneil Dufficy
Administrative Assistants.....Cyndy SweetEdwina Hyson-Webb
.....Alicia NavarroMirabel Rodriguez
.....Ismael ChavezTim Karo
Steve Lennon

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