

# Sitike Counseling Center 2008-2009 Annual Report

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*Be open to change....*

*Be open to guidance.....*

*Enter the possibility.....*

*Healing is inside us.....*

*Expect miracles.*

**Demographic Summary of All Clients**

Clients assessed ..... 771

Sex	Ethnicity	Residence
Male.....75%	African American ..... 6%	Brisbane .....2%
Female.....25%	Asian & Pacific Islander ..... 24%	Burlingame .....3%
	Euro American..... 35%	Colma .....1%
	Hispanic..... 35%	Daly City.....19%
		Millbrae.....3%
		Pacifica .....1%
		San Bruno .....15%
		San Francisco.....9%
		San Mateo .....5%
		South San Francisco .....36%
		Other .....6%
Age		
18 - 25 .....26%		
26 - 36 .....29%		
37 - 47 .....23%		
48 - 58 .....14%		
59+ .....8%		

**Drugs of Choice**

Alcohol.....17%
Marijuana.....28%
Methamphetamine .....35%
Cocaine.....13%
Heroin .....7%

**Discover Recovery Program**

The Discover Recovery Program provides ongoing support groups that include education about the physical and psychological social effects of drug use. The goal of the program is to assist clients in staying clean and sober and to teach them healthy life management skills to support continued recovery and prevent relapse.

Clients assessed .....289

Successful completion.....54%

Sex	Ethnicity	Residence
Male.....69%	African American ..... 7%	Brisbane .....1%
Female.....31%	Asian & Pacific Islander ..... 22%	Burlingame .....2%
	Euro American..... 41%	Daly City .....15%
	Hispanic..... 30%	Millbrae.....3%
		Pacifica .....5%
		San Bruno .....13%
		San Francisco.....14%
		San Mateo .....8%
		South San Francisco .....33%
		Other .....6%
Age		
18 - 25 .....30%		
26 - 36 .....27%		
37 - 47 .....25%		
48 - 58 .....12%		
59 - 69 .....6%		

**Women's Day Treatment Program**

The Women's Day Treatment Program provides gender specific and responsive substance abuse counseling for adult women. The goals of the program are to promote understanding of the physical and psychological aspects of drug use, obtain their general education diploma (GED) if needed, teach them about nutrition, parenting, and how to develop healthy life management skills to support continued recovery and prevent relapse.

Clients assessed .....38

Successful completion..... 60%

Number of women receiving their GED 2

<b>Sex</b>	<b>Ethnicity</b>	<b>Residence</b>
Female.....100%	African American ..... 17%	Colma .....3%
<b>Age</b>	Asian & Pacific Islander ..... 8%	Daly City.....18%
18 - 25 .....21%	Euro American.....47%	Millbrae.....7%
26 - 36 .....50%	Hispanic.....28%	San Bruno .....11%
37 - 47 .....25%		San Mateo .....26%
48 - 58 .....4%		South San Francisco .....35%

*The best thing about the future is that it comes only:  
“One day at a time”*

**First Offender Drinking Driver Program**

The First Offender Drinking Driver Program provides education and counseling over the course of 3, 6 or 9 months. The goals of the program are to prevent continued driving while under the influence and to intervene in the progressive development of the disease of addiction.

Clients admitted .....444

<b>Sex</b>	<b>Ethnicity</b>	<b>Residence</b>
Male.....80%	African American ..... 8%	Brisbane .....3%
Female.....20%	Asian & Pacific Islander ..... 24%	Burlingame .....5%
<b>Age</b>	Euro American.....28%	Daly City .....23%
18 - 25 .....33%	Hispanic.....40%	Millbrae.....3%
26 - 36 .....29%		Pacifica .....1%
37 - 47 .....19%		San Bruno .....17%
48 - 58 .....15%		San Francisco.....5%
59+ .....4%		San Mateo .....1%
		South San Francisco .....38%
		Other .....4%

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**Thanks also to Sitike Counseling Center's staff:**

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Administrator.....Joe Wagenhofer	.....Vickey Delli Gatti
Outpatient Manager.....Deb Woods	.....Curtis Ota
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Child Care Aid.....Chrissy Patterson	.....Lynne Oneil Dufficy
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.....Alicia Navarro	.....Mirabel Rodriguez
.....Ismael Chavez	.....Tim Karo
	.....Steve Lennon

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