

# Sitike Counseling Center 2009-2010 Annual Report

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*Learn from the mistakes of  
others...*

*You can't live long  
enough to make them all  
yourself*

*Eleanor Roosevelt*

**Demographic Summary of All Clients**

Clients assessed ..... 662

Sex	Ethnicity	Residence
Male.....73%	African American .....7%	Brisbane .....2%
Female.....27%	Asian & Pacific Islander ..... 24%	Burlingame .....3%
	Euro American..... 35%	Colma .....1%
	Hispanic..... 34%	Daly City .....21%
		Millbrae.....3%
		Pacifica .....1%
		San Bruno .....14%
		San Francisco.....9%
		San Mateo .....5%
		South San Francisco .....35%
		Other .....6%
Age		
18 - 25 .....31%		
26 - 36 .....31%		
37 - 47 .....23%		
48 - 58 .....10%		
59+ .....5%		

**Drugs of Choice**

Alcohol.....67%
Marijuana.....12%
Methamphetamine .....35%
Cocaine.....13%
Heroin .....7%

**Discover Recovery Program**

The Discover Recovery Program provides ongoing support groups that include education about the physical and psychological social effects of drug use. The goal of the program is to assist clients in staying clean and sober and to teach them healthy life management skills to support continued recovery and prevent relapse.

Clients assessed .....173

Successful completion..... 54%

Sex	Ethnicity	Residence
Male.....69%	African American .....8%	Brisbane .....1%
Female.....31%	Asian & Pacific Islander ..... 21%	Burlingame .....2%
	Euro American..... 39%	Daly City .....19%
	Hispanic ..... 32%	Millbrae.....3%
		Pacifica .....5%
		San Bruno .....13%
		San Francisco.....10%
		San Mateo .....6%
		South San Francisco .....36%
		Other .....5%
Age		
18 - 25 .....28%		
26 - 36 .....29%		
37 - 47 .....25%		
48 - 58 .....12%		
59 - 69 .....6%		



**Many thanks to our supporters:**

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 Jan Zivic

**Thanks also to Sitike Counseling Center's staff:**

Executive Director .....	Rhonda Ceccato	Counselors	
Administrator .....	Joe Wagenhofer	.....	Priscilla Gilmore
Clinical Director .....	Kathy Glaser	.....	Jaime Hernandez
Outpatient Manager.....	Deb Woods	.....	Denise Johnson
Women's Program Manager.....	Susan Naify	.....	Curtis Ota
Child Care Specialist.....	Teresa Bovee	.....	Mirabel Rodriguez
Child Care Aid.....	Chrissy Patterson	.....	Edwina Hyson-Webb
Administrative Assistants.....	Cyndy Sweet		
	..... Alicia Navarro		
	..... Alberto Quintanilla		
	..... Ron Gonzalez		

**Sitike Board of Directors**

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