

Sitike Counseling Center

2010-2011 Annual Report

306 Spruce Avenue, South San Francisco, CA 94080

Phone: (650) 589-9305

Fax: (650) 589-9330

Email: sitike306@aol.com

Website: www.sitike.org

Dear Sitike,

I am writing this letter with the utmost pleasure and gratification to the staff of Sitike Counseling Center in South City.

When my probation officer ordered me to attend a treatment center for my case, I was left with fear and uncertainty.

This is the only mistake I have ever made with the law. My world seemed as if it was ending, including my medical career as a physician, for which I have worked so hard all my life.

As I entered Sitike Counseling facility I was warmly greeted by the front desk and graciously asked to wait for my counselor. After sitting through with the counselor and having a thousand questions answered, (he) gave me a chance to redeem myself. There is hope he said. He made me realize that humans make mistakes, but one should learn from those experiences and move forward.

From the calm and warm greetings of the front desk, to my counselor's abundance of knowledge and kindness, I saw the light that I had not seen before. I realized that even though I am different from the groups of people who attend, I too can learn from the experience. Humbled and grateful I have become stronger, so perhaps soon one day when I open my own practice, I too can pass the knowledge to others.

There are good people in the world, who do good things. Then there is Sitike staff offering more.

--a client attending our Discover Recovery Program

Demographic Summary of All Clients

Clients assessed 591

Sex	Ethnicity	Residence
Male.....70%	African American 6%	Brisbane3%
Female.....30%	Asian & Pacific Islander 19%	Burlingame3%
	Euro American..... 34%	Colma1%
	Hispanic..... 35%	Daly City20%
	Other 6%	Millbrae.....5%
		Pacifica2%
		San Bruno 12%
		San Francisco.....8%
		San Mateo5%
		South San Francisco 34%
		Other7%
Age		
18 - 2531%		
26 - 3631%		
37 - 4720%		
48 - 5813%		
59+5%		

Drugs of Choice

Alcohol.....73%
Marijuana.....9%
Methamphetamine11%
Cocaine.....3%
Heroin1%

Discover Recovery Program

The Discover Recovery Program provides ongoing support groups that include education about the physical and psychological social effects of drug use. The goal of the program is to assist clients in staying clean and sober; and to teach them healthy life management skills to support continued recovery and prevent relapse.

Clients assessed173

Successful completion..... 55%

Sex	Ethnicity	Residence
Male.....75%	African American 8%	Brisbane2%
Female.....25%	Asian & Pacific Islander 19%	Burlingame 4%
	Euro American..... 30%	Daly City22%
	Hispanic 34%	Millbrae.....5%
	Other 9%	Pacifica5%
		San Bruno 11%
		San Francisco.....10%
		San Mateo4%
		South San Francisco 31%
		Other6%
Age		
18 - 2528%		
26 - 3628%		
37 - 4729%		
48 - 5812%		
59 - 693%		

Many thanks to our supporters:

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Liberty Bank
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Jason Steuerwalt
 SVDP's Catherine Center
 Edmund & Ruth Yesko
 Brenda Velasquez
 Marlene Veach
 Stephanie Wolf & Tony Love
 Jo Zemke

Thanks also to Sitike Counseling Center's staff:

Executive Director	Rhonda Ceccato	Counselors	Priscilla Gilmore
Administrator	Joe Wagenhofer	Jaime Hernandez
Clinical Director	Kathy Glaser	Denise Johnson
Outpatient Manager.....	Deb Woods	Curtis Ota
Women's Program Manager.....	Susan Naify	Mirabel Rodriguez
Child Care Specialist.....	Teresa Bovee	Edwina Hyson-Webb
Child Care Aid.....	Chrissy Patterson	Amanda Mousalam
Administrative Assistants.....	Cyndy Sweet		
 Alicia Navarro		
 Irving Torres		
 Ron Gonzalez		

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