

Sitike Counseling Center
2016-2017 Annual Report

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*“You can get the
monkey off your
back, but the
circus never
leaves town.”*

--- Anne Lamott

Demographic Summary of All Clients

Clients assessed..... 489

Sex	Ethnicity	Residence
Male 74%	African American..... 3%	Brisbane..... 1%
Female..... 26%	Asian & Pacific Islander 24%	Burlingame..... 2%
	Euro American 26%	Daly City 21%
	Hispanic 37%	Millbrae..... 3%
	Other..... 10%	Pacifica..... 4%
		San Bruno..... 15%
		San Francisco 13%
		San Mateo..... 5%
		South San Francisco 25%
		Other..... 11%
Age	Drugs of Choice	
18 - 25 24%	Alcohol..... 68%	
26 - 36 33%	Marijuana 5%	
37 - 47 23%	Methamphetamine..... 9%	
48 - 58 15%	Cocaine..... 2%	
59+ 5%	Other..... 1%	
	N/A..... 15%	

We value an environment that is:

- ❖ *respectful, empathic, compassionate, dignified and collaborative in its interactions with clients and staff.*
- ❖ *appreciative of people’s uniqueness, strength, flexibility, and willingness to learn, grow and change.*
- ❖ *honest, inclusive and that honors respectful feedback and allows for people to question themselves in order to better serve clients and assist one another in their professional growth.*
- ❖ *a learning environment in nature, understanding that people make mistakes. We value the taking of responsibility and the process of growth that comes from this.*

Outpatient Programs

The Discover Recovery Program is a three- to twelve-month outpatient program for adult men and women. Clients attend two to four times per week based on their individual need. The curriculum links recovery from substance abuse with recovery from mental and emotional challenges and providing guidance for both. The program combines informational lectures on addiction and mental and physical health-related issues, psycho education group process, workbook exercises and individual counseling to provide comprehensive treatment. Clients are assessed for additional occupational, housing, literacy and health care needs and are linked to appropriate services.

This year Sitike has added services to treat clients referred for Anger Management and Domestic Violence treatment. The programs run four to twelve months and meet the requirements for court-ordered outpatient treatment.

Clients assessed..... 169

Successful completion..... 57%

Sex	Ethnicity	Residence
Male 80%	African American..... 6%	Burlingame..... 2%
Female..... 20%	Asian & Pacific Islander 21%	Daly City 25%
	Euro American 26%	Millbrae..... 2%
	Hispanic 39%	Pacifica..... 7%
	Other..... 8%	San Bruno..... 14%
		San Francisco 8%
		San Mateo..... 4%
		South San Francisco 29%
		Other..... 9%
Age		
18 - 25 23%		
26 - 36 35%		
37 - 47 27%		
48 - 58 12%		
59 - 69 3%		

Many thanks to our supporters:

Anil Awasti
Ron Burgess
Caminar
Karen Cochran
County of San Mateo
Simon Dimapasoc
Elizabeth Fricke
Barbara Irl
Liberty Bank
Lexann Massoni
Nancy Schoyer

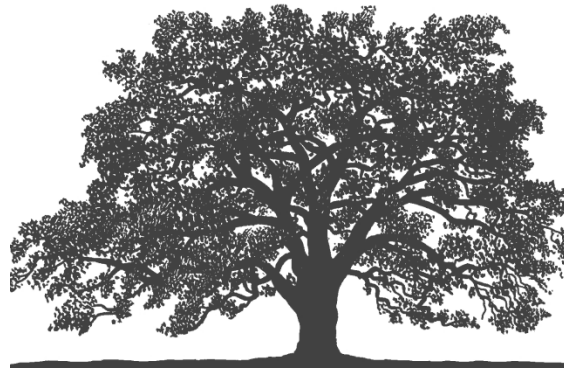
Jennifer Schulze
Soroptimist International, North San Mateo County
South San Francisco Scavenger Co.
Jason Steuerwalt
Tom Taffel
Town of Colma
Unity Lutheran
Debbie Upland
Joe Wagenhofer
Diane Wilson
Jo Zemke

Sitike Counseling Center's staff:

Executive Director	Joe Wagenhofer	Counselors	Jan Bordeaux
Administrator	Charles Tyson	Alexis Baker
Clinical Director.....	Kathy Glaser	Thelma Flores
Outpatient Manager.....	Curtis Ota	Kathy Gordon-Swan
Women's Program Manager	Susan Naify	Lance Jamison
Office Manager	Cyndy Sweet	Denise Johnson
Medical Director	Christian O'Neil MD	Adela Stagnaro
Administrative Assistants	Alicia Navarro	Jimmy Yang Liang
.....	Shelley Nunez-Guzman	Child Care Specialist.....	Chrissy Patterson
.....	Nancy Velazquez	Childcare Aide.....	Cory Craig

Sitike Board of Directors

President.....	Anil Awasti	Members	Barbara Irl
Vice-President.....	Diane Wilson	Rod Walton
Treasurer	Elizabeth Fricke	Sienna Shankel
Secretary.....	Jennifer Schulze		



Si-ti-ke *n.* a group of non-blood kin who are present in a time of crisis.