

Sitike Counseling Center

2007-2008 Annual Report

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On April 1, 2008 Sitike Counseling Center commemorated our 20th year of providing addiction services to San Mateo County residents with a well-attended luncheon held at Dominic's Restaurant – Poplar Creek in San Mateo.

We decided this year to celebrate with comedian Doug Ferrari who helped us laugh at ourselves and look at the humor in our lives.

While substance abuse and addiction are serious issues we must, from time to time, look at the amusement we provide to others and ourselves by some of the more thoughtless things we do; and the even funnier reasons we tell ourselves and others why we do them.

Over the last 20 years we have had the privilege of providing services to countless men and women. We have had the honor to touch the lives of many – and many have honored themselves with recovery.

We acknowledge them and their continuing journey toward health and healing.

Demographic Summary of All Clients

Clients assessed 811
 Clients admitted 799

Sex	Ethnicity	Residence
Male.....72%	African American 9%	Brisbane 1%
Female.....28%	Asian & Pacific Islander 18%	Burlingame 2%
	Euro American..... 35%	Colma 1%
	Hispanic..... 38%	Daly City..... 21%
		Millbrae..... 4%
		Pacifica 4%
		Redwood City 1%
		San Bruno 14%
		San Francisco..... 6%
		San Mateo 5%
		South San Francisco 35%
		Other 6%
Age		
18 - 25 31%		
26 - 36 29%		
37 - 47 24%		
48 - 58 12%		
59+ 4%		

Drugs of Choice

Alcohol 22%
 Marijuana..... 23%
 Methamphetamine 40%
 Cocaine..... 7%
 Heroin 2%

Discover Recovery Program

The Discover Recovery Program provides ongoing support groups that include education about the physical and psychological social effects of drug use. The goal of the program is to assist clients in staying clean and sober and to teach them healthy life management skills to support continued recovery and prevent relapse.

Clients assessed 381 Successful completion..... 55%
 Clients admitted 372

Sex	Ethnicity	Residence
Male.....77%	African American 10%	Belmont..... 1%
Female.....23%	Asian & Pacific Islander 22%	Brisbane 1%
	Euro American..... 39%	Burlingame 2%
	Hispanic..... 29%	Daly City..... 18%
		Millbrae..... 4%
		Pacifica 5%
		San Bruno 15%
		San Francisco..... 5%
		San Mateo 6%
		South San Francisco 37%
		Other 6%
Age		
18 - 25 27%		
26 - 36 28%		
37 - 47 27%		
48 - 58 16%		
59 - 69 2%		

Many thanks to our supporters:

Albertsons
 Bay Meadows Foundation
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 Hugh Stuart Charitable Trust
 Liberty Bank
 Lockheed Martin Corporation
 Lockheed Martin Employees' Foundation

Soroptimists of North San Mateo County
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 Roy Varny
 Brenda Velasquez
 Marlene Veach
 Stephanie Wolf & Tony Love
 Alex & Cherlene Wright
 William Zemke

Thanks also to Sitike Counseling Center's staff:

Executive Director.....Rhonda Ceccato	Counselors.....Carlos Contreras
AdministratorJoe WagenhoferLisa Fraser
Outpatient Manager.....Deb WoodsVickey Delli Gatti
Women's Program Manager.....Susan NaifyThelma Flores
Office ManagerMaria MenchacaCarol Gerke
Child Care Specialist.....Teresa BoveePriscilla Gilmore
Administrative Assistants.....Cyndy SweetJaime Hernandez
.....Alicia NavarroLynne Oneal Dufficy
.....Ismael Chavez	

<i>President</i>	Brenda Velasquez	<i>Members</i>	Jon Kallas
<i>Vice-President</i>	Ron Burgess	Kelly Teglia
<i>Treasurer</i>	Matt Burns		
<i>Secretary</i>	Alex Wright		