

# Sitike Counseling Center

## 2010-2011 Annual Report

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*Dear Sitike,*

*I am writing this letter with the utmost pleasure and gratification to the staff of Sitike Counseling Center in South City.*

*When my probation officer ordered me to attend a treatment center for my case, I was left with fear and uncertainty.*

*This is the only mistake I have ever made with the law. My world seemed as if it was ending, including my medical career as a physician, for which I have worked so hard all my life.*

*As I entered Sitike Counseling facility I was warmly greeted by the front desk and graciously asked to wait for my counselor. After sitting through with the counselor and having a thousand questions answered, (he) gave me a chance to redeem myself. There is hope he said. He made me realize that humans make mistakes, but one should learn from those experiences and move forward.*

*From the calm and warm greetings of the front desk, to my counselor's abundance of knowledge and kindness, I saw the light that I had not seen before. I realized that even though I am different from the groups of people who attend, I too can learn from the experience. Humbled and grateful I have become stronger, so perhaps soon one day when I open my own practice, I too can pass the knowledge to others.*

*There are good people in the world, who do good things. Then there is Sitike staff offering more.*

*--a client attending our Discover Recovery Program*

**Demographic Summary of All Clients**

Clients assessed ..... 591

Sex	Ethnicity	Residence
Male.....70%	African American ..... 6%	Brisbane .....3%
Female.....30%	Asian & Pacific Islander ..... 19%	Burlingame .....3%
	Euro American..... 34%	Colma .....1%
	Hispanic..... 35%	Daly City .....20%
	Other ..... 6%	Millbrae.....5%
		Pacifica .....2%
		San Bruno ..... 12%
		San Francisco.....8%
		San Mateo .....5%
		South San Francisco ..... 34%
		Other .....7%
Age		
18 - 25 .....31%		
26 - 36 .....31%		
37 - 47 .....20%		
48 - 58 .....13%		
59+ .....5%		

**Drugs of Choice**

Alcohol.....73%
Marijuana.....9%
Methamphetamine .....11%
Cocaine.....3%
Heroin .....1%

**Discover Recovery Program**

The Discover Recovery Program provides ongoing support groups that include education about the physical and psychological social effects of drug use. The goal of the program is to assist clients in staying clean and sober; and to teach them healthy life management skills to support continued recovery and prevent relapse.

Clients assessed .....173

Successful completion..... 55%

Sex	Ethnicity	Residence
Male.....75%	African American ..... 8%	Brisbane .....2%
Female.....25%	Asian & Pacific Islander ..... 19%	Burlingame ..... 4%
	Euro American..... 30%	Daly City .....22%
	Hispanic..... 34%	Millbrae.....5%
	Other ..... 9%	Pacifica .....5%
		San Bruno ..... 11%
		San Francisco.....10%
		San Mateo .....4%
		South San Francisco ..... 31%
		Other .....6%
Age		
18 - 25 .....28%		
26 - 36 .....28%		
37 - 47 .....29%		
48 - 58 .....12%		
59 - 69 .....3%		

### *Women's Day Treatment Program*

The Women's Day Treatment Program provides gender specific and responsive substance abuse counseling for adult women. The goals of the program are to promote understanding of the physical and psychological aspects of drug use, obtain their general education diploma (GED) if needed, teach them about nutrition, parenting, and how to develop healthy life management skills to support continued recovery and prevent relapse.

Clients assessed .....53

Successful completion.....76%

Number of women receiving their GED 2

<b>Sex</b>	<b>Ethnicity</b>	<b>Residence</b>
Female.....100%	African American ..... 10%	Colma .....3%
	Asian & Pacific Islander ..... 7%	Daly City.....13%
	Euro American..... 57%	San Bruno .....13%
	Hispanic..... 17%	San Mateo .....37%
	Other ..... 9%	South San Francisco .....13%
		Other .....14%
<b>Age</b>		
18 - 25 .....13%		
26 - 36 .....50%		
37 - 47 .....23%		
48 - 58 .....14%		

*“ We can only have more if we are grateful for what we have”*

### *First Offender Drinking Driver Program*

The First Offender Drinking Driver Program provides education and counseling over the course of 3, 6 or 9 months. The goals of the program are to prevent continued driving while under the influence and to intervene in the progressive development of the disease of addiction.

Clients admitted .....365

<b>Sex</b>	<b>Ethnicity</b>	<b>Residence</b>
Male.....74%	African American ..... 4%	Brisbane .....4%
Female.....26%	Asian & Pacific Islander ..... 21%	Burlingame .....2%
	Euro American..... 33%	Daly City .....19%
	Hispanic..... 38%	Millbrae.....5%
	Other ..... 4%	Pacifica .....1%
		San Bruno .....12%
		San Francisco.....8%
		San Mateo .....3%
		South San Francisco .....38%
		Other .....8%
<b>Age</b>		
18 - 25 .....34%		
26 - 36 .....32%		
37 - 47 .....15%		
48 - 58 .....14%		
59+ .....5%		

**Many thanks to our supporters:**

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Liberty Bank  
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 Edmund & Ruth Yesko  
 Brenda Velasquez  
 Marlene Veach  
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 Jo Zemke

**Thanks also to Sitike Counseling Center's staff:**

Executive Director .....	Rhonda Ceccato	Counselors .....	Priscilla Gilmore
Administrator .....	Joe Wagenhofer	.....	Jaime Hernandez
Clinical Director .....	Kathy Glaser	.....	Denise Johnson
Outpatient Manager.....	Deb Woods	.....	Curtis Ota
Women's Program Manager.....	Susan Naify	.....	Mirabel Rodriguez
Child Care Specialist.....	Teresa Bovee	.....	Edwina Hyson-Webb
Child Care Aid.....	Chrissy Patterson	.....	Amanda Mousalam
Administrative Assistants.....	Cyndy Sweet		
	..... Alicia Navarro		
	..... Irving Torres		
	..... Ron Gonzalez		

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